

HARTS SANATORIUM.

Perhaps one of the most humanitarian aspects of modern times is the passing of many fine estates through the length and breadth of the country, from the stately homes of a single family to that of a sanatorium or hospital for the benefit of the community. In this category, Harts Sanatorium takes a conspicuous place. Its situation in a beautiful Essex village, on the outskirts of Epping Forest, is greatly enhanced by its boundary of the charming commonland of Woodford Green.

The earliest fact known concerning the history of Harts is that it was the favourite hunting retreat of King James I. From 1722-1775, the estate belonged to Richard Warner, the famous botanist, who erected a stone in the grounds to the memory of his mother, and the Latin inscription may still be deciphered. Later Harts became the seat of Jervoise Clerk Jervoise, Esq.

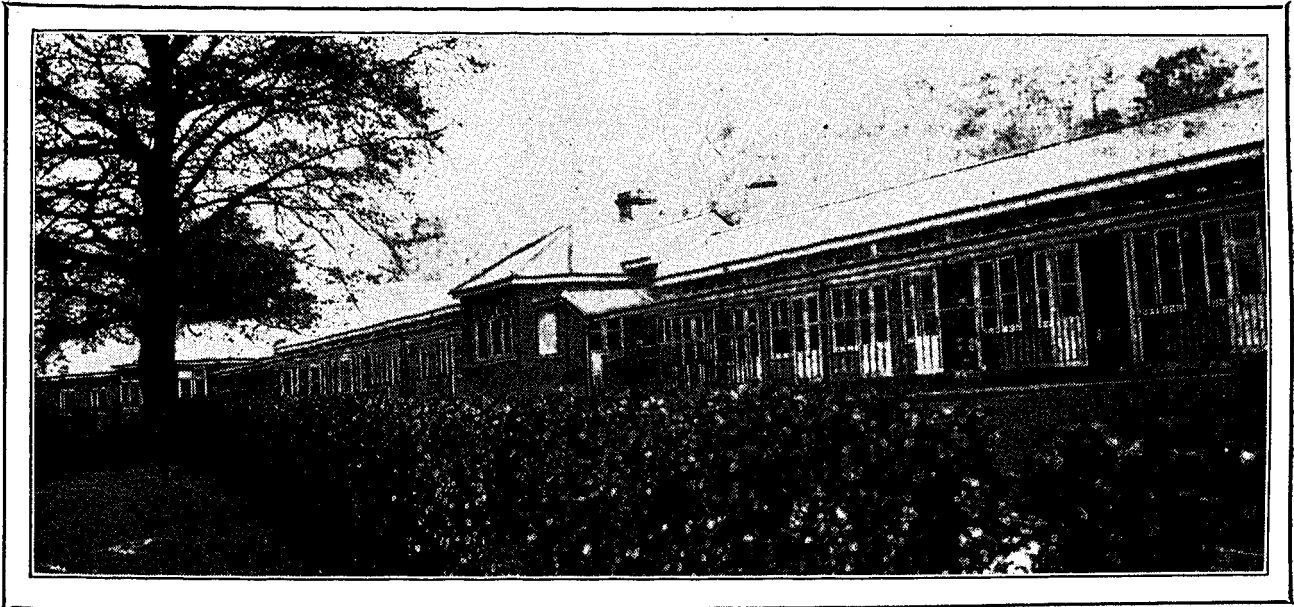
The old structure was demolished in 1816, and Mr. Melish, who then owned the property, built the present mansion. Harts was acquired by the East Ham Corporation in January, 1919.

fresh air and uninterrupted views of the beautiful surroundings are enjoyed under ideal conditions. In the central wing is the X-Ray Room and the Sisters duty room, from which, leading off on one side, are the male, and from the other the female wards, and these terminate with their respective Day Rooms. As we passed through, patients looked most happy and comfortable in their wards, and the cheerful effect of the pale gold-coloured quilts and crimson rugs were much admired.

A New Night Nurses' Home.

Improvements at Harts are still advancing. What was the head gardener's cottage, and which has its own garden in a quiet corner of the grounds, has been skilfully converted into a night nurses' home, to accommodate six nurses, and a bed-sitting room for the night sister. The colour scheme is cream and brown with pretty chintz curtains for the windows, saxe blue linen bedspreads and comfortable chairs with covers to match.

The management is to be congratulated on the pervading charm of Harts, that in its development to meet the needs of the sanatorium, the amenities of a delightful country



Harts Sanatorium, Woodford. The New Pavilion.

There are two Lodges, and the drive from each, passing between high shrubberies and extremely fine trees, lead to the House which faces the lawn and a great cedar tree which adds dignity to any scene.

In the development of Harts as a Sanatorium, the larger rooms of the House are converted into wards for Female patients, and the remaining rooms utilised for administration and staff quarters. Alterations and adjustments have been made for the laundry, dispensary, incineration, etc. A hut and six shelters were erected to accommodate male patients and a dining hut for both sexes.

The crowning point of the improvement of Harts was when a new Pavilion, costing some £12,000, was erected, and which was opened by the Mayor of East Ham (Alderman G. H. Manser, J.P.) on October 28th, 1933. The Pavilion has 32 beds, 20 Female and 12 Male, bringing the total Harts accommodation to 80 beds.

The plan of this new construction is the last word in its arrangement for labour-saving and convenience. Patients are nursed in a real suntrap. In each ward, whether for single or two beds, the maximum of sunlight,

seat and great trees have been jealously guarded throughout.

We could with advantage have lingered longer in these precincts, and all agreed the time had been all too short when we came to express thanks and say good-bye to Dr. J. C. Crawford and our most generous hostess, the Matron, Miss Sharpe, for the kind hospitality on an afternoon at Harts ever to remain a happy memory.

A. S. B.

LEGACIES FOR NURSES.

Mr. John Barker, The Mount, Grimsby, solicitor, Clerk of the Peace for the borough for 44 years, left £100 to Grimsby and District Hospital, the income to be paid at the time of her annual leave to the nurse at that hospital whom the management committee shall consider most deserving.

Lady Dewar, of Harcourt House, W., left a legacy of £300 to Sister Christine Mackay Paterson "in appreciation of my regard for her, and as a mark of gratitude for all her kindness to me."

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